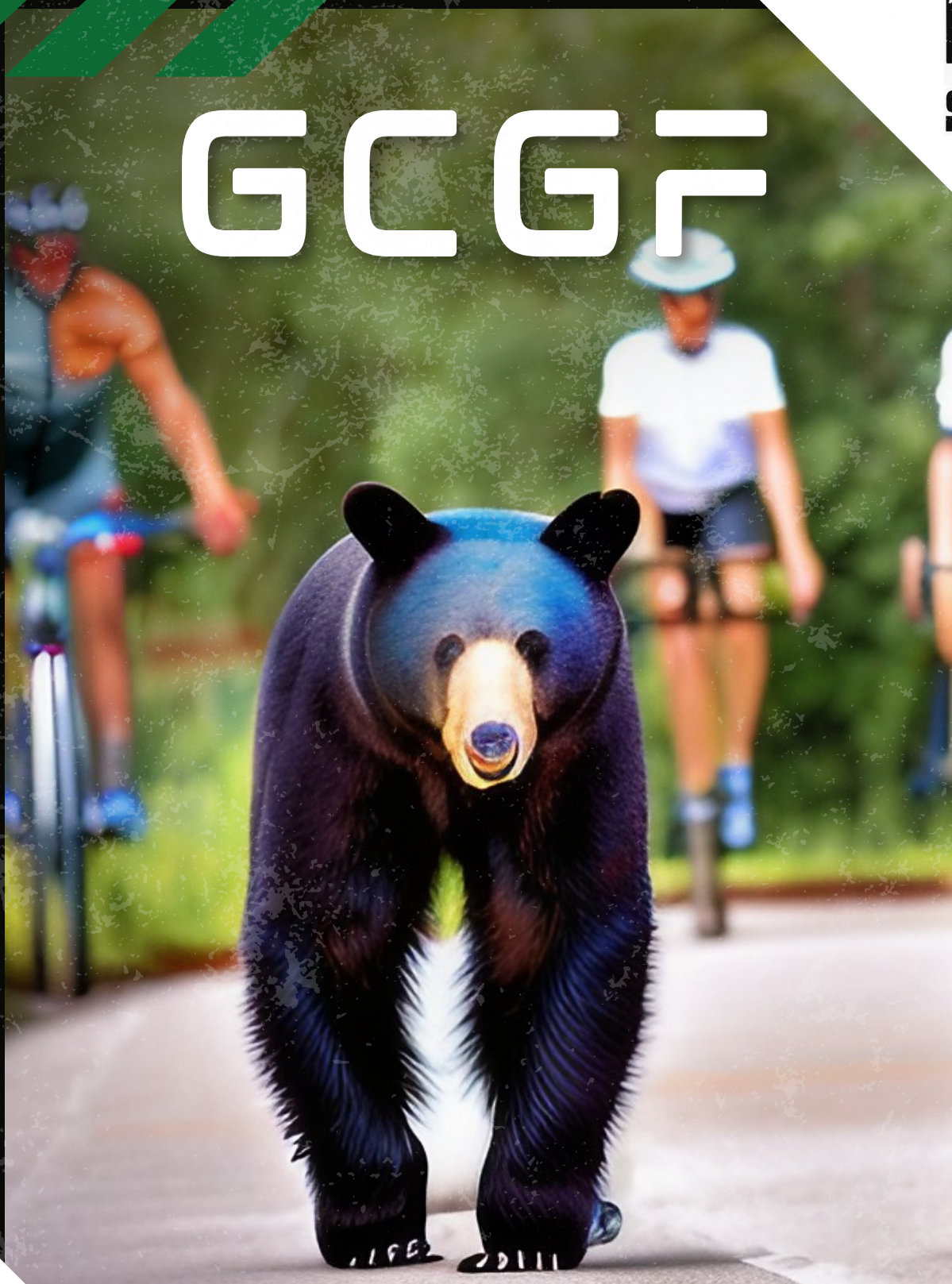


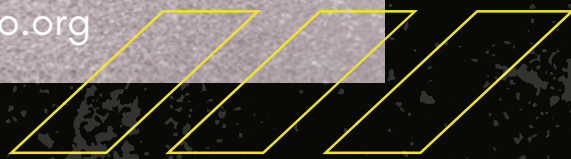


# GCGF



## 2023 ATHLETE'S GUIDE

[www.garrettcountygranfondo.org](http://www.garrettcountygranfondo.org)



# WELCOME

## DEAR RIDERS,

### Welcome to the Garrett County Gran Fondo!

We are so excited that you have chosen to join us for this incredible cycling experience. To make sure you get the most out of your ride,

we've put together a handy guide filled with all the information you need to know about the event. From where and when to start, what kind of terrain to expect, and even how many aid stations there will be along the way – it's all in here.

We want to thank each and every one of you for supporting the Garrett Trails Nonprofit by taking part in this ride. The funds generated will go directly towards ensuring that more people can enjoy recreational trails throughout Garrett County, Maryland. So don your helmets and get ready to embark on a journey you'll never forget!

Once again, thank you for being part of the Garrett County Gran Fondo. We can't wait to see you out there. Have an amazing ride!

Safe Cycling,

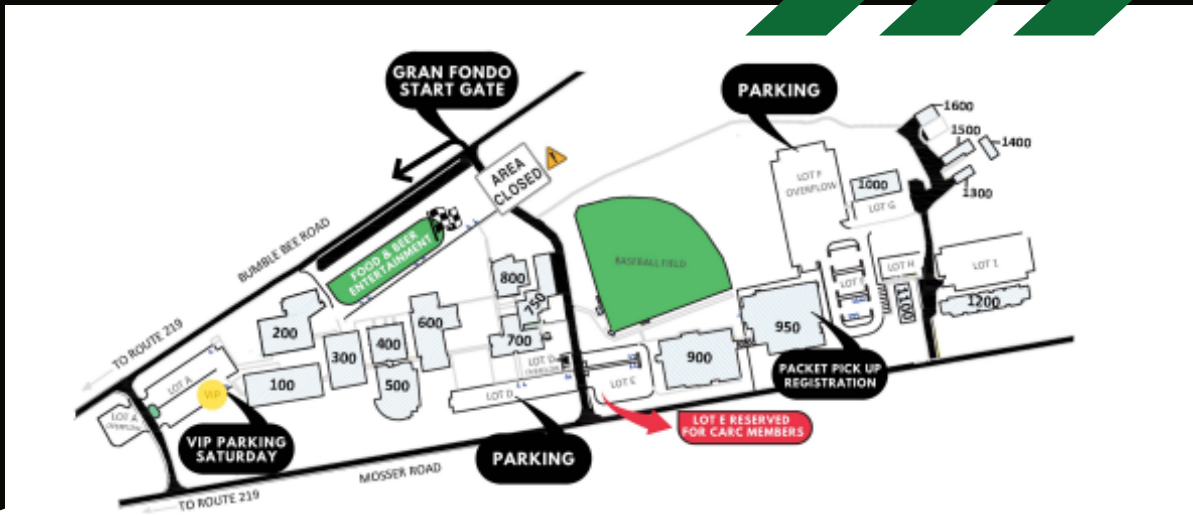
**The Garrett Trails & GCGF Team**

P.S. Please check out our Facebook page for updates and more information about the event throughout the event week!





# 2023 GARRETT COUNTY GRAN FONDO ATHLETE'S GUIDE



## Venue Map

GCGF activities, specifically Packet Pickup, The Dinner Voucher Program, and Saturday's Start, Finish, and Finish Line Festival, are all held at Garrett College. Please note below Friday and Saturday specific parking instructions.

[Garrett College - 695 Mosser Rd, McHenry, Md 21541](#)

Welcome to the 2023 Garrett County Gran Fondo, we are looking forward to hosting you and are grateful for your participation! This Athlete's Guide contains important information you need to know for the event weekend. Please read it in its entirety. The guide is intended to compliment the website. Please consult the website as well, specifically:

- The [Frequently Asked Questions](#) page if any questions remain
- Riders with Garmin or GPS bike computers, please [load the routes into your device](#)
- Print applicable [cue sheets](#) to bring with you (also included at end of Athlete's Guide). Required? No. Helpful to have a copy just in case? Yes.
- Familiarize yourself with your route and [climbs](#) via the course pages





# PARKING

## FRIDAY

Friday During packet pickup there is No Parking in Lot E, we cannot block access for CARC members. Continue past that lot and park in Lot F as it provides easy access to packet pick up. There is also a Friday evening farmers market in Campus Lot A that you may want to check out!

**3:00 PM - 8:45 PM**

Packet Pickup at Garrett College CARC Gymnasium. It is strongly recommended that you pick up your materials on Friday rather than Saturday morning. All registered riders receive one \$10 voucher to specified area businesses. See the next page for a list and description of eateries and businesses.

## SATURDAY

VIP Parking in Campus Lot A. Limited General Parking in Lot D. **Do Not Park in Lot E.** General Parking in Lot F. Overflow Parking is Available at the Fairgrounds, Volunteers Will be Stationed to Direct Traffic.

**5:45am:** Parking Opens – Mosser Road, Follow parking marshals to VIP and General Parking

**6:00am - 8:00am:** Last Minute Packet Pickup at Garrett College Gym – Arrive early, park in Lot F, packets will be organized by your number and self serve.

**6:50am:** **Diabolical Double** riders only stage behind start line; start at 7:00am

**7:10am:** **Savage Century** riders only stage behind start line; start at 7:20am

**7:30am:** **Masochistic Metric** riders only stage behind start line; start at 7:40am

**7:50am:** **Fabulous 44** riders only stage behind start line; start at 8:00am

**9:50am:** **Garrett's Greatest** 25 riders only stage behind start; start at 10:00am

**12:00pm - 9pm:** Finish Line Festival Open. BBQ and vegetarian food available free to athletes, for purchase for spectators. Beer Garden open to all with photo ID. Music, spectator viewing area... First Beer FREE to all registrants!

**\*Locker rooms and showers are available in the CARC until 8pm**



# FRIDAY PACKET PICKUP & VOUCHER INFORMATION

## »»» SUPPORTING OUR LOCAL BUSINESSES

Upon receiving your packet at registration, each athlete will also receive a \$10 voucher to the following businesses listed below. These businesses are supporters of the Taste of Garrett Fundraiser and the GCGF and their investment in our economy and community inspires us. Please respect the terms and conditions of the participating businesses, which may vary. Garrett Trails hopes each athlete will take advantage of this opportunity to explore the area outside of the ride. Visitor information will be available at the packet pickup for any questions related to Garrett County and local restaurants.

COMPLIMENTS OF  
GARRETT TRAILS  
NONPROFIT

THANK YOU  
FOR RIDING!



ACES RUN RESTAURANT & PUB  
BRENDAS PIZZERIA  
CABIN LODGE GRILL  
DEEP CREEK DONUTS  
DEEP CREEK FUN ZONE  
DEEP CREEK PIZZA  
FIREFLY FARMS  
FIREWATER KITCHEN

HIGH COUNTRY CREAMERY  
LAKESIDE CREAMERY  
LITTLE SANDYS ON RT 219  
MOONSHADOW  
MOUNTAIN STATE BREWING COMPANY  
PINE LODGE STEAKHOUSE  
SAVAGE RIVER LODGE  
THE PUBLIC HOUSE  
TRADERS COFFEE HOUSE

# GRAN FONDO RIDES OVERVIEW

## ➤➤➤ HELPFUL TIPS INCLUDED

The GCGF is a supported ride, not a race. The only timed sections are the seven KOM climbs. Enjoy the beauty and the extreme challenge of the Appalachian Mountains, but save the racing for another time.

The terrain of the GCGF is stunning and the climbing severe. With the exception of the Garrett's Greatest 25, riders should anticipate taking 30-50% longer than when riding a flat course of the same distance. Many riders find the GCGF to be more difficult than anticipated and decide that a shorter route than for which they registered is more appropriate. We encourage this and would rather riders choose at the route divergence points to do a shorter ride rather than to run out of legs later on and require a lift home in a SAG vehicle.

## ➤➤➤ ROUTE DIVERGENCE POINTS

- 1. Mile 0.8** - 44/63/100/125 all turn right on to Deep Creek Drive while the 25 mile ride athletes go left.
- 2. Mile 26.0** - 100 turns sharp, near 180 left onto Sam Friend Road while 44 continues straight. ***Savage Century riders can also follow the 44 route here (straight). The route will re-intersect just a mile up the road. This reduces the Savage Century distance from 106 miles to 101.***
- 3. Mile 32.1** - 100 turns left onto Bear Creek Rd, rejoining 44 riders.
- 4. Mile 28.7** (44); 33.7 (100) - Continue straight onto Fish Hatchery Rd.
- 5. Mile 53.6** (63/125); 32.2 (44); 37.2 (100) - The 100/125 will make a slight left onto Legeer Rd and the 44/63 will bear right to continue on Foxtown Rd and head to finish. For the 100/125 riders, the route only gets more challenging to come so if it's been a struggle thus far, give strong consideration to following the 44/63 route to the finish.
- 6. Mile 69** (125); 52.7 (100) - Not a course divergence point. But an important decision point! This is effectively the halfway point for both rides and both rides turn left onto Lower New Germany Rd. *For anyone having difficulty imagining another 53-56 miles of riding as difficult (or more so) than that already completed, an easy shortcut here removes 25 miles of very difficult 5 terrain. Continue straight rather than making the left onto Lower New Germany Rd and coast 4 gentle downhill miles and re-intercept the route at Savage River Rd. The prescribed 25 miles of actual course that gets you to the same location is very, very difficult and includes the toughest climb of the day. Choose wisely!*
- 7. Mile 73.9** (125) and **Mile 57.9** (100) - The 125 turn lefts onto McKenzie Rd. while the 100 continue onto Pea Ridge Rd.



**There are several locations where the various routes diverge. Each of these are well marked on the road. Regardless of the ride signed up for, think long and hard at each of these route divergence points to determine if you need to change routes**



# EQUIPMENT DECISIONS

➤➤➤ It is no secret that the GCGF is extremely hilly with severely steep climbs and descents. Riders should come prepared with adequate gearing for the very steep climbing and ensure the bike is in good, safe condition for the steep descending.

**Gearing** - The hills are steep. The hills are relentless. For all but the strongest of the strong, triple cranksets or compact cranks with a minimum gearing of 34-28 are highly recommended. If you are among the super strong, you know it and are probably not asking the gearing question. If you are asking, the safe answer is “the more the merrier”.

**Triathlon Bikes or Aerobars** - Triathlon bikes or bikes with aerobars are permitted. However, given a choice between a road bike and a triathlon bike, usually a road bike is preferred for this terrain. Your bike choice should be dictated by gearing and handling on descents.

**Carbon Wheels** - There are many steep descents, many long descents, and even some steep and long descents. Every year at least a few carbon-rimmed wheels melt and warp from the braking generated heat on these descents. We don't recommend carbon rims and definitely do not recommend the cheaper carbon rims that are widely available. Certainly many carbon rims have successfully completed the various rides of the Garrett County Gran Fondo, but we recommend aluminum rimmed wheels.

**Tires** - The road conditions are 99% paved and by and large in excellent condition. Standard 23mm road tires are fine. A small number of spare 700c tires are available at each aid station, post-event reimbursement appreciated if you take one. If you ride tubular tires or 650c wheels, you are on your own should you need a spare tire.

**E-Bikes, Tandems, Fixed gears, Single Speeds, Burley Trailers** - We are not going to tell you what you are capable of. If you want to ride a tandem or a fixed gear or a single speed bike and think you can handle the hills and descents on it, go for it. We think you are far out, but the Garrett County Gran Fondo attracts far out people. If riding a tandem, separate registrations for each rider are required and you must not impede other riders. E-Bikes can only be pedal assist and are not eligible for KOM's. Hauling your child or your dog in a Burley trailer (or similar) is something else altogether, though, do not attempt this during the fundraiser.



>>> FOLLOW <<<

# RULES OF THE ROAD

Riders must all obey traffic laws and there are many road crossings for which riders are responsible for their own safety as there will be no traffic marshals present.

- All trash and bathroom breaks at aid stations only, please! No littering! No public urination! This is common courtesy, but we have had issues with this in the past. If you see GCGF generated litter on the road, kindly pick it up for us. Our goal is to continue hosting the GCGF for a long time, and we need the local community's support to do so.
- Bike numbers are required to be visibly affixed to bike. They are intended to mount to front of handlebars, but seat post solutions are acceptable as well.
- Helmets are mandatory at all times!
- Headphones are prohibited.

## CUTOFF TIMES LIMITS

In order to ensure that all riders complete by darkness and to keep the support vehicles and motorcycles on plan, there are enforced time limits on course. Riders who do not meet a time limit will either be driven back to the finish or must follow the shorter course option.

**1:00pm: Course cutoff at AS2 - Keyser's Ridge.** Riders are no longer permitted to leave AS2. Riders at or before AS2 at this time will be driven to the finish.

**1:15pm: Mile 54.4 divergence point (8.7mph for 125 riders).** All riders arriving at this divergence point after 1:15pm must follow the 44/63 routes to finish and may not follow the 100/125 routes to AS3 - Bittinger.

**2:40pm: Mile 69.9 (125), 52.7 (100) shortcut point.** All riders arriving at this decision/shortcut point after 2:40 must take the shortcut to eliminate 25 miles and enjoy the 4 mile downhill roll to Savage River Rd to re-intercept the route.

**8:00pm: Course cutoff at AS6 - Bittinger.** Riders are no longer permitted to leave AS6. Riders at or before AS6 at 8:00pm will be driven to the finish.

**8:45pm: Course closed.** All riders remaining on roads will be driven to the finish.



# KING OF MOUNTAIN (KOM) TIMED CLIMBS

The Garrett County Gran Fondo is not a race. However, there are seven timed KOM climbs throughout the courses. In 20 3 timing is through the Ride With GPS event link provided through registration email and below. You will still receive a bike number plate, but the extreme expense and unreliability of the timing mats led us to move to GPS timing. As you cross each KOM start and stop the app will automatically record your time to the leader board. You can move the data to your app of choice after the event, but if you do not use RWGPS and the routes in our event account you will not be timed!

## KOM COMPETITION

This is new for us, but after testing it out on the routes and working with seasoned riders that use these types of applications we think we will have a higher success rate in capturing times than we did with the mats. You will be able to move your data to other apps after the event.

The KOM is a competition. Awards will be given to male and female winners overall and Masters (40+). Results for the climbs will update on our RWGPS event page as athletes complete their rides. Read more about the Timed Climbs, the other climbs of significance, and the KOM competition.

### **1 - OVERLOOK PASS**

44, 63, 100, 125 0.6 MILES 11%

### **2 - WHITE ROCK RD**

44, 63, 100, 125 1.0 MILES 10%

### **3 - WASS HOLLOW RD**

63, 125 1.0 MILE 2.9%

### **4 - BOWMAN HILL**

44, 63, 100, 125 1.7 MILES 10%

### **5 - BIG SAVAGE MOUNTAIN**

**(MICHAEL ROAD)**

100, 125 4.2 MILES 8%

### **6 - DRY RUN RD**

100, 125 2.8 MILES 7%

### **7 - RACE TO THE FINISH**

25, 44, 63, 100, 125

FINAL 2.9 MILES 3%

# ON-COURSE SUPPORT VEHICLES

The Garrett County Gran Fondo utilizes over 160 miles of road, so supporting it all is a challenge. There will be over 25 motorcycles, support vehicles, and sag shuttles on the roads at supporting the event. However, with five different rides and the huge spread of riders all over the county at any given moment, it may take some time for a support vehicle to get to you. Please come prepared to be self-sufficient with tubes, pump, multi-tool, and if you see another rider in need of assistance help each other out!

**FULLY  
SUPPORTED**

The Gran Fondo routes utilize very remote and narrow roads. While we will have some support cars and trucks sharing these roads with cyclists, the primary eyes and ears on the road will be motorcycles. These motorcycles will carry some bike tools and emergency supplies, but obviously are unable to pick up riders who cannot continue.

If you have had enough and need a ride home, we ask that you give best attempt to get to the next aid station. We have shuttle vans with bike carrying capacity prepared to get riders back to the finish from all aid stations. If you are between aid stations and your bike has broken down or are just simply unable to go any further, we will pick you up; it just may take a bit of time before a SAG vehicle with bike carrying capacity can reach you.

**Please, please, please do not attempt to have family or friends on the roads as your personal support.** The roads are too small and narrow and additional vehicles on the road in this fashion will create a danger for everyone. Please do not do it! Supporters are welcome to meet you at the aid stations, all of which have easy roads other than the GCGF routes to get to them. Athletes and supporters must respect private property at all times and not congregate in peoples fields and yards





# COURSE AID STATIONS

#	Rides	Distance	Location
1	44, 63, 100, 125	21.2	Friendsville Community Park
2	63, 125	41.7	Stockyards at Keyser's Ridge
3	100, 125	39.8, 57.0	Bittering Volunteer Fire Hall
4	100, 125	69.2, 89.5	Barton Community Park
5	100, 125	83.6, 103.9	Big Run State Park
6	25, 100, 125	13.5, 95, 115.3	Bittering Volunteer Fire Hall

Note that Aid Stations 3 & 6 are the same physical aid station encountered by the Diabolical Double and Savage Century at mile 39.8 / 57.0 on the way out and then again as the final stop just 10.8 miles from the finish. This same location is also the single aid station used by Garrett's Greatest 25. **The Barton Aid Station has moved back to its original location in 2023! It will be located at the pavilion at the end of Takoma Drive like in years past.**

Please deposit all trash at the aid stations and do not litter the roads of Garrett County! stations only, please.

- Hammer HEED energy drink \*
- Hammer Energy Gels
- Hammer Endurolytes \*Water, Coke
- Oranges, bananas
- PB&J sandwich fixings
- Salty snacks: pretzels, goldfish, nuts.
- Sugary snacks: M&Ms, cookies
- Gluten free option: potato chips or baked potato (depending on station)
- Bike supplies: Pump, tubes, tires, multi-tool, minimal bike supplies
- First Aid supplies
- Cue sheets with map and elevation profile

\* - Note that unlike many other energy drinks, Hammer HEED is primarily a calorie source and not a significant electrolyte source, with the expectation that electrolytes come from an external source like salt tablets or FIZZ or NUUN or Endurolytes



# BAG DROP



The morning may be cool in the mountains, so if you want to shed excess clothing at aid stations 1 or 2, simply label your packet pickup bag clearly with your name and rider number and bring it with you in a jersey pocket. You may then put excess clothes in this bag and leave it at aid station 1 or 2 and we will take it to the finish. We are dedicated and vigilante, but not responsible for lost items so please do not leave your favorite or most expensive layers behind



# COURSE NAVIGATION

The Gran Fondo rides have many turns and it is the rider's responsibility to stay on route. There are no course marshals at turns, however the roads are well marked with stenciled arrows and shortly after each turn a marking of how far until the next turn. Despite well marked roads, we would prefer people rely on more than just these road markings and so we also provide and strongly encourage:

- Detailed cue sheets with maps and elevation profile
- GPS files for Garmin bike computers,
- RideWithGPS mobile app navigation- You have received a link to our event page. You must use the routes on this page for accurate directions and KOM locations.

If you have a GPS bike computer, please load the routes into your device.

*Cue sheets are provided at the end of this Athletes Guide. It is recommended you print your applicable cue sheet and bring it with you just in case.*



## CONTINUED



# COURSE NAVIGATION

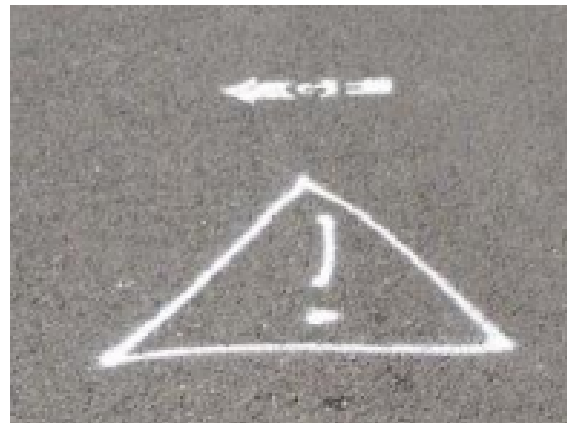
The primary means of navigation are yellow, stenciled "GF" arrows painted on the roads as shown in the picture above. These markings are prevalent and obvious, however riders must be on the lookout for these arrows as there are no course marshals at turns.



Immediately after a turn is made, painted on the right side of the road shortly after the prior turn, is the distance to the next turn as shown in the picture above (yellow in 2023). This next turn will be well marked with stenciled GF arrows, but it is always helpful to know the distance to the next turn in advance



Dangerous descents, crossings, or other hazards are prominently indicated with a DANGER symbol: a large triangle (yellow in 2023) with an exclamation mark in it. When you see one of these DANGER symbols on the road, slow down and take care; they are a serious warning. Be aware that on Dixon road, at approximately mile 20, the right side of the road has subsided and has uneven asphalt with large cracks. We have marked with the danger sign above and yellow "x" along the cracks





# SAFETY CONCERNS



**Traffic Laws** The Garrett County Gran Fondo is a supported ride and not a race. Riders are expected to obey all traffic laws. There are no police or course marshals policing the rides and there are dangerous road crossings. Riders are responsible for their own safety.

**Descents** What goes up must come down. There is as much descending as there is climbing, and much of it is steep and technical. Many of the roads are very remote and seldom traveled which makes for beautiful cycling, but also makes for roads that can get gravelly runoff after rains. Take care on descents. And please ensure your brakes and brake pads are in good working condition. You will be using them extensively.

**Weather** Be prepared for a wide spectrum. Garrett County is in the mountains and the weather is highly variable. There is a strong chance there will be a 25-degree, or more, difference in temperature during the span of your ride. Do not be surprised to start to a very cool morning. It is not uncommon for there to be a thunderstorm or two on a late June summer day. If it is wet and raining, some steep descents may be particularly treacherous.

**Emergencies** Garrett County rescue squads are on call. If you need medical attention, call 911 and know your location to report in the event rescue help needs to be dispatched to your aid. Due to the remote terrain some locations may not have cell service so be prepared to send another rider to call for help to the next location that may have cell service which will probably be a high point.







# SUPPLIES TO BRING WITH YOU



The GCGF is a supported ride, however, riders should expect to bring supplies of their own as well. There will be sag and support vehicles on course, but with over 160 miles of road to cover across all the rides, riders should be prepared to be self-sufficient or expect to wait some time for assistance.

- **Cold / Wet weather gear** – it will be cool at the 7:00am start and downright cold if it is wet. Despite the two timed KOM climbs in the first section, it is primarily downhill to Friendsville. Arm warmers and vest may be desired. Label your packet pickup bag and bring it with you, and you may then stuff excess gear in that bag and leave it at Aid Stations 1 or 2 and the bags will be returned to the finish line. We are not responsible for lost items.
- **Cue sheets** – roads are marked and cue sheets are not required to navigate, but better safe than sorry. The cue sheets do include maps and elevation profiles, which prove quite handy. Cue sheets are included at the end of this Athletes Guide and we recommend you print a copy.
- **Bike equipment** -tubes, hand pump, CO2, multi-purpose tool. Why wait for support to find you? 12
- **Cell phone** – coverage in Garrett County can be unreliable depending on your provider.
- **Money and Photo ID** - it never hurts to ride with some cash just in case. Plus, you will need it and photo id if you want to partake in a celebratory beer in the Finish Line Beer Garden!



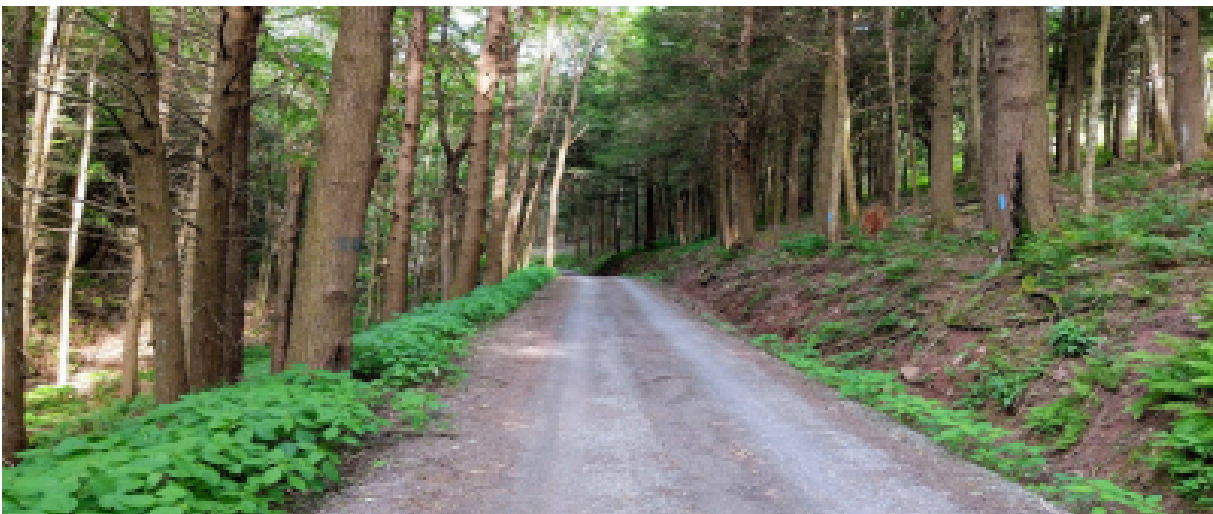
# BLUE LICK ROAD

## DIABOLICAL DOUBLE & SAVAGE CENTURY ONLY

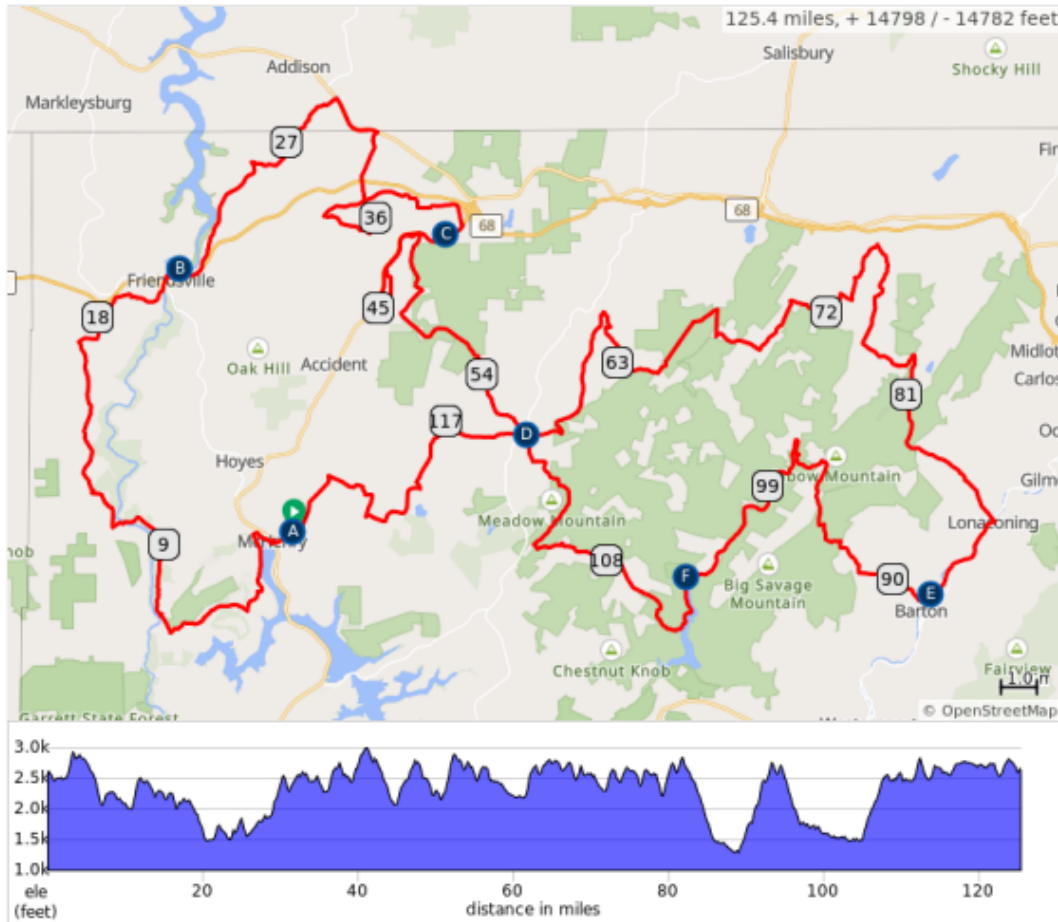
Blue Lick Road is a 2.0 mile road encountered at mile 71.5 / 54.3 of the Diabolical Double / Savage Century routes, of which the first 1.7 miles are gravel. It is a narrow, tree canopied one lane road deep in the woods alongside a stream. It is an extraordinarily beautiful stretch of road. While a detour is possible for those who want to avoid gravel, Blue Lick Road is a signature component of the GCGF. Blue Lick consists of a 1.2 mile gradual descent, a left bend and then 0.5 mile climb that kicks up to a difficult final 200 meters.

The gravel of Blue Lick Rd varies year-to-year from very smooth and easily rideable to loose and difficult depending on how recently the county has applied fresh gravel. Standard road tires are sufficient for Blue Lick.

We cannot wait to see you on June 17, 2023! Our small but mighty team is diligently working on making sure that everything comes together for a great fundraiser and a great day of riding! Our response time to questions may be a little delayed, but please check the FAQ page on our website for more information



# DIABOLICAL DOUBLE 125 MILES



- A. Start / Finish
- B. AS1 - Friendsville Community Park
- C. AS2 - Stockyards
- D. AS3/6 - Bittering Fire Hall
- E. AS4 - Barton Aid Station
- F. AS5 - Big Run State Park

## CGCF - Diabolical Double 2023

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.4
2.	0.4	0.4	↑	Continue onto Mosser Rd	0.3
3.	0.7	0.3	↑	Continue onto Deep Creek Dr	0.1
4.	0.8	0.1	→	R to stay on Deep Creek Dr	0.5
5.	1.3	0.5	←	L onto Sang Run Rd	0.1
6.	1.4	0.1	←	L onto Marsh Hill Rd	1.1

1.4 miles. +53/-154 feet

Num	Dist	Prev	Type	Note	Next
7.	2.5	1.1	→	R onto Overlook Pass	0.7
8.	3.2	0.7	←	L onto Wisp Mountain Rd	0.7
9.	3.9	0.7	→	R onto Shingle Camp Rd	2.2
10.	6.1	2.2	→	R onto Oakland Sang Run Rd	4.1
11.	10.3	4.1	←	L onto Sang Run Rd	0.9
12.	11.1	0.9	→	R onto White Rock Rd	3.0

9.7 miles. +805/-1244 feet

# DIABOLICAL DOUBLE 125 MILES

Num	Dist	Prev	Type	Note	Next
13.	14.1	3.0	→	Slight R onto Trap Run Rd	2.8
14.	16.9	2.8	→	R onto Bloomin g Rose Rd	1.4
15.	18.3	1.4	→	Slight R onto Dixon Rd	2.0
16.	20.3	2.0	↑	Continue onto Water St	0.4
17.	20.7	0.4	→	R onto Maple St	0.2
18.	20.9	0.2	←	L onto 2nd Ave	0.2

9.8 miles. +349/-1138 feet

Num	Dist	Prev	Type	Note	Next
19.	21.1	0.2	←	Slight L onto Old River Rd	0.1
20.	21.2	0.1	↑	Aid Station 1 Arrive at Aid Station 1	0.1
21.	21.4	0.1	←	L onto Friendsville Addison Rd	0.3
22.	21.7	0.3	↑	Continue onto Friendsville Addison Rd	3.9

0.8 miles. +125/-5 feet

Num	Dist	Prev	Type	Note	Next
23.	25.6	3.9	→	R onto Mill Run Rd	1.9
24.	27.5	1.9	→	R onto T324/Wass Hollow Rd	1.8
25.	29.2	1.8	→	R onto US-40 E	1.6
26.	30.9	1.6	→	R onto Pigs Ear Rd	2.0
27.	32.9	2.0	↑	Continue onto Devils Half Acre Rd	0.1

11.2 miles. +1419/-346 feet

Num	Dist	Prev	Type	Note	Next
28.	33.0	0.1	↑	Continue onto Cove Rd	1.2
29.	34.2	1.2	←	L to stay on Cove Rd	1.2
30.	35.3	1.2	←	L to stay on Cove Rd	0.3
31.	35.6	0.3	←	L onto Griffith Rd	0.6
32.	36.2	0.6	←	L onto Pigs Ear Rd	0.7

3.3 miles. +159/-441 feet



# DIABOLICAL DOUBLE 125 MILES

Num	Dist	Prev	Type	Note	Next
33.	36.9	0.7	→	R onto Devils Half Acre Rd	3.5
34.	40.4	3.5	→	R	0.2
35.	40.6	0.2	↑	Continue onto Stockyard Rd	0.7
36.	41.2	0.7	→	R onto US-219 S	3.3
37.	44.5	3.3	→	R onto Bear Creek Rd	0.2
38.	44.7	0.2	→	R onto Fish Hatcher y Rd	0.4

8.5 miles. +771/-1348 feet

Num	Dist	Prev	Type	Note	Next
39.	45.1	0.4	←	L onto Collier Rd	1.3
40.	46.3	1.3	→	R onto US-219 N	1.1
41.	47.4	1.1	→	R onto Rabbit Hollow Rd	3.2
42.	50.7	3.2	↑	Continue onto Bowman Hill Rd	2.7
43.	53.3	2.7	→	R onto Foxtown Rd	0.2
44.	53.6	0.2	←	Slight L onto Legeer Rd	2.4

8.9 miles. +1505/-966 feet

Num	Dist	Prev	Type	Note	Next
45.	56.0	2.4	↑	Continue onto Brenne man Rd	0.1
46.	56.1	0.1	↑	Aid Station 3 Arrive at Aid Station 3	0.1
47.	56.2	0.1	←	Slight L onto Maynardier Ridge Rd	0.9
48.	57.2	0.9	←	L onto Bear Hill Rd	4.0
49.	61.2	4.0	→	R onto Jennings Rd	0.2

7.6 miles. +61/-559 feet

Num	Dist	Prev	Type	Note	Next
50.	61.3	0.2	→	R to stay on Jennings Rd	0.1
51.	61.5	0.1	→	Slight R onto Miller Rd	1.7
52.	63.2	1.7	←	L onto Maynardier Ridge Rd	1.2
53.	64.4	1.2	←	L onto Meadow Mountain Trail/W Shale Rd	2.5

3.2 miles. +719/-135 feet

# DIABOLICAL DOUBLE 125 MILES

Num	Dist	Prev	Type	Note	Next
54.	66.9	2.5	→	R onto New German y Rd	0.7
55.	67.6	0.7	←	Sharp L onto Twin Churches Rd	1.4
56.	69.0	1.4	←	L onto Lower New German y Rd	1.7
57.	70.7	1.7	→	R onto Blue Lick Rd	2.0
58.	72.7	2.0	→	R onto Avilton Lonacoring Rd	0.4

8.3 miles. +657/-766 feet

Num	Dist	Prev	Type	Note	Next
59.	73.1	0.4	←	L onto McKenzie Rd	0.6
60.	73.7	0.6	→	R onto Sam Crow Rd	1.2
61.	74.9	1.2	→	R onto Green Lantern Rd	2.1
62.	77.0	2.1	↑	Continue onto Avilton Lonacoring Rd	0.4
63.	77.4	0.4	↑	Continue onto Pea Ridge Rd	1.8

4.7 miles. +511/-490 feet

Num	Dist	Prev	Type	Note	Next
64.	79.2	1.8	→	R onto Avilton Lonacoring Rd	0.7
65.	79.8	0.7	→	R to stay on Avilton Lonacoring Rd	5.9
66.	85.8	5.9	→	R onto MD-36 S/Main St	1.2
67.	87.0	1.2	→	R onto MD-935 S	1.3
68.	88.3	1.3	←	Slight L onto Takoma Dr SW	0.0

10.9 miles. +810/-1691 feet

Num	Dist	Prev	Type	Note	Next
69.	88.3	0.0	!	Takoma Drive has uneven paved and gravel surfaces Takoma Drive has uneven paved and gravel surfaces	0.3
70.	88.6	0.3	→	Slight R to stay on Takoma Dr SW	0.2

0.3 miles. +2/-4 feet

# DIABOLICAL DOUBLE 125 MILES

Num	Dist	Prev	Type	Note	Next
71.	88.8	0.2	←	Takoma Dr SW turns slightly L and becomes Legislative Rd SW	0.2
72.	89.0	0.2	→	R onto Bartlett St	0.0
73.	89.0	0.0	↑	Continue onto Bartlett Run Rd SW	1.1
74.	90.2	1.1	←	L onto Michael Rd	3.1

1.6 miles. +424/-30 feet

Num	Dist	Prev	Type	Note	Next
80.	109.9	5.0	→	R onto Black Hawk School Rd	0.5
81.	110.4	0.5	→	R onto New Germany Rd	1.5
82.	111.9	1.5	←	Slight L onto Frank Brenne man Rd	2.6
83.	114.5	2.6	←	L onto Brenne man Rd	0.0

9.5 miles. +656/-515 feet

Num	Dist	Prev	Type	Note	Next
75.	93.2	3.1	←	L onto Russell Rd	0.1
76.	93.4	0.1	→	R onto Westport Rd	3.5
77.	96.9	3.5	←	L onto Savage River Rd	6.2
78.	103.1	6.2	→	Aid Station 5 Arrive at Aid Station 5	1.8
79.	105.0	1.8	→	R onto Dry Run Rd	5.0

14.8 miles. +472/-1729 feet

Num	Dist	Prev	Type	Note	Next
84.	114.6	0.0	←	Aid Station 6 Arrive at Aid Station 6	0.2
85.	114.7	0.2	←	L onto MD-495 S	0.1
86.	114.8	0.1	→	R onto Orendorf Rd	2.2
87.	117.0	2.2	←	L onto Foxtown Rd	1.9
88.	118.9	1.9	←	L onto Accident Bittinger Rd	0.2

4.4 miles. +253/-177 feet

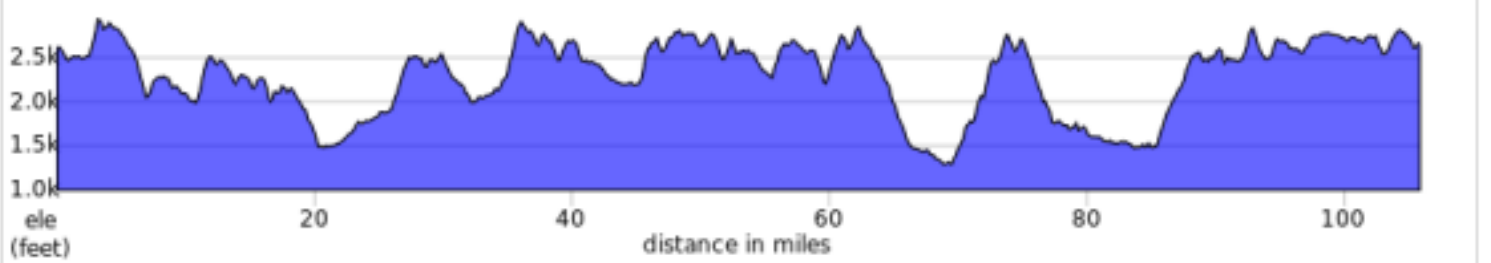
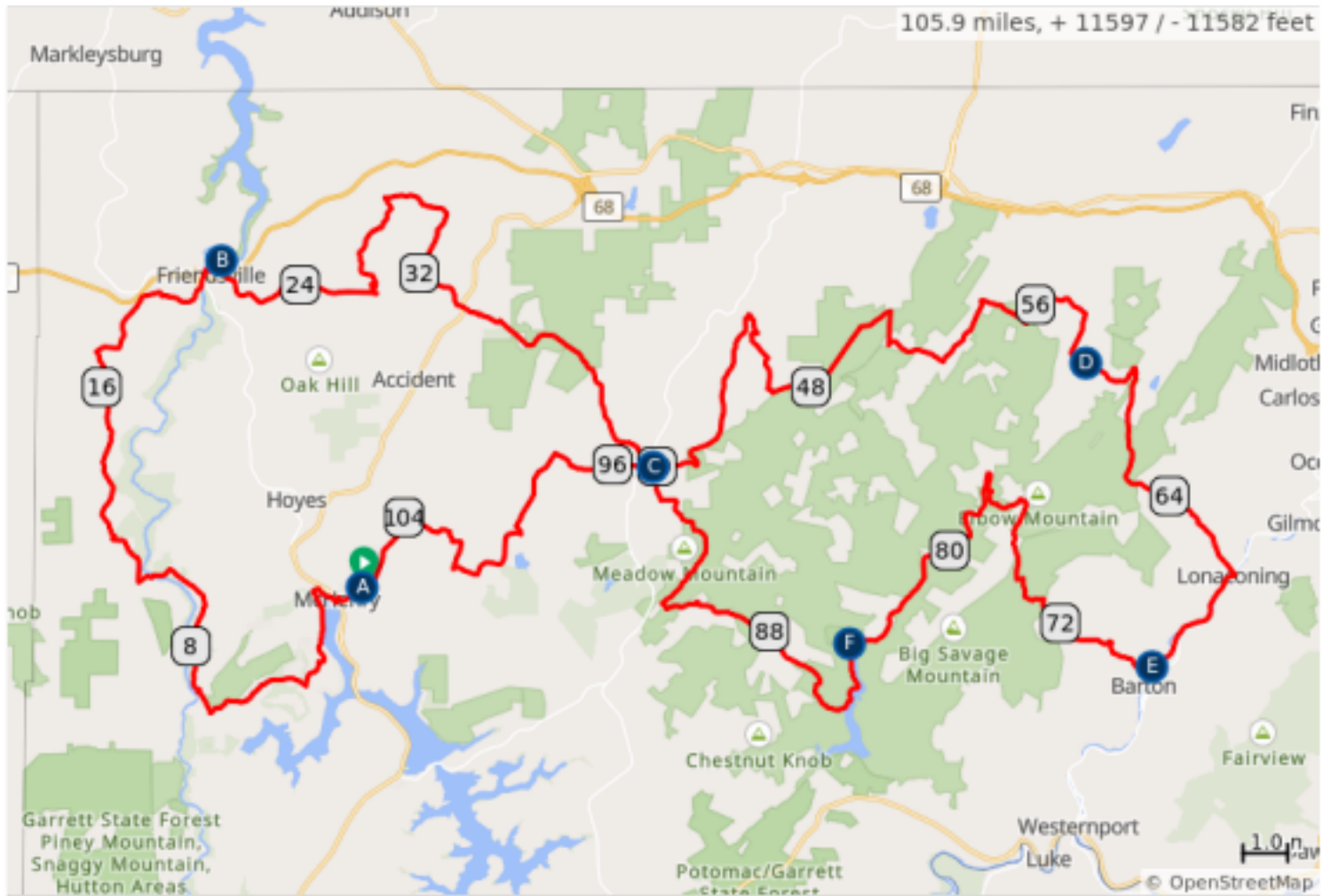
# DIABOLICAL DOUBLE 125 MILES

Num	Dist	Prev	Type	Note	Next
89.	119.1	0.2	→	R onto Rock Lodge Rd	1.7
90.	120.8	1.7	→	R onto Mosser Rd	0.6
91.	121.4	0.6	→	R onto Foy Rd	1.1
92.	122.4	1.1	←	L onto Negro Mountain Rd	1.1
93.	123.5	1.1	←	L onto Bumble Bee Rd	1.9
94.	125.4	1.9	📍	End of route	0.0

6.5 miles. +465/-571 feet



# SAVAGE CENTURY 100 MILES



- A. Start/Finish
- B. AS1 - Friendsville Community Park
- C. AS3/6 - Bittinger Fire Hall
- D. Self-Serve Water Stop
- E. AS4 - Barton Community Park
- F. AS5 - Big Run State Park

# SAVAGE CENTURY 100 MILES

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.4
2.	0.4	0.4	↑	Continue onto Mosser Rd	0.3
3.	0.7	0.3	↑	Continue onto Deep Creek Dr	0.1
4.	0.8	0.1	→	R to stay on Deep Creek Dr	0.5
5.	1.3	0.5	←	L onto Sang Run Rd	0.1
6.	1.4	0.1	←	L onto Marsh Hill Rd	1.1

1.4 miles. +52/-153 feet

Num	Dist	Prev	Type	Note	Next
7.	2.5	1.1	→	R onto Overlook Pass	0.7
8.	3.2	0.7	←	L onto Wisp Mountain Rd	0.7
9.	3.9	0.7	→	R onto Shingle Camp Rd	2.2
10.	6.1	2.2	→	R onto Oakland Sang Run Rd	4.1
11.	10.3	4.1	←	L onto Sang Run Rd	0.9
12.	11.1	0.9	→	R onto White Rock Rd	3.0

9.7 miles. +805/-1243 feet

Num	Dist	Prev	Type	Note	Next
13.	14.1	3.0	→	Slight R onto Trap Run Rd	2.8
14.	16.9	2.8	→	R onto Blooming Rose Rd	1.4
15.	18.3	1.4	→	Slight R onto Dixon Rd	2.0
16.	20.3	2.0	↑	Continue onto Water St	0.4
17.	20.7	0.4	→	R onto Maple St	0.2
18.	20.9	0.2	←	L onto 2nd Ave	0.2

9.8 miles. +348/-1136 feet

Num	Dist	Prev	Type	Note	Next
19.	21.1	0.2	←	Slight L onto Old River Rd	0.2
20.	21.4	0.2	←	L onto Friendsville Addison Rd	0.0
21.	21.4	0.0	→	Sharp R onto Old Selbysport Rd	0.1
22.	21.5	0.1	←	L onto Walnut St	0.1

0.6 miles. +20/-15 feet

# SAVAGE CENTURY 100 MILES

Num	Dist	Prev	Type	Note	Next
23.	21.7	0.1	←	L onto Bear Creek Rd/Maple St	4.3
24.	26.0	4.3	←	L onto Sam Friend Rd	2.9
25.	28.9	2.9	→	R onto Old Morgantown Rd E	0.4
26.	29.3	0.4	↑	Continue straight onto Cove Rd	1.2

7.7 miles. +1148/-201 feet

Num	Dist	Prev	Type	Note	Next
27.	30.4	1.2	→	R onto Harmon Rd	1.7
28.	32.1	1.7	←	L onto Bear Creek Rd	1.2
29.	33.3	1.2	↑	Continue onto Fish Hatchery Rd	0.4
30.	33.7	0.4	→	R to stay on Fish Hatchery Rd	0.7
31.	34.3	0.7	→	R onto Bowman Hill Rd	2.7

5.1 miles. +174/-382 feet

Num	Dist	Prev	Type	Note	Next
32.	37.0	2.7	→	R onto Foxtown Rd	0.2
33.	37.2	0.2	←	Slight L onto Legeer Rd	2.4
34.	39.7	2.4	↑	Continue onto Brenne man Rd	0.2
35.	39.9	0.2	←	Slight L onto Maynardier Ridge Rd	0.9
36.	40.9	0.9	←	L onto Bear Hill Rd	4.0

6.5 miles. +360/-632 feet

Num	Dist	Prev	Type	Note	Next
37.	44.8	4.0	→	R onto Jennings Rd	0.2
38.	45.0	0.2	→	R to stay on Jennings Rd	0.1
39.	45.1	0.1	→	Slight R onto Miller Rd	1.7
40.	46.9	1.7	←	L onto Maynardier Ridge Rd	1.2

6.0 miles. +519/-97 feet

# SAVAGE CENTURY 100 MILES

Num	Dist	Prev	Type	Note	Next
41.	48.1	1.2	←	L onto Meadow Mountain Trail/W Shale Rd	2.5
42.	50.6	2.5	→	R onto New Germany Rd	0.7
43.	51.3	0.7	←	Sharp L onto Twin Churches Rd	1.4
44.	52.7	1.4	←	L onto Lower New Germany Rd	1.7

5.8 miles. +380/-556 feet

Num	Dist	Prev	Type	Note	Next
49.	60.3	0.7	→	R to stay on Avilton Lonacoring Rd	5.9
50.	66.2	5.9	→	R onto MD-36 S/Main St	1.2
51.	67.4	1.2	→	R onto MD-935 S	1.3
52.	68.8	1.3	←	Slight L onto Takoma Dr SW	0.5

9.1 miles. +482/-1691 feet

Num	Dist	Prev	Type	Note	Next
45.	54.4	1.7	→	R onto Blue Lick Rd	2.0
46.	56.4	2.0	→	R onto Avilton Lonacoring Rd	1.5
47.	57.9	1.5	↑	Continue onto Pea Ridge Rd	1.8
48.	59.6	1.8	→	R onto Avilton Lonacoring Rd	0.7

6.9 miles. +465/-708 feet

Num	Dist	Prev	Type	Note	Next
53.	69.3	0.5	←	Takoma Dr SW turns slightly L and becomes Legislative Rd SW	0.2
54.	69.5	0.2	→	R onto Bartlett St	1.2
55.	70.6	1.2	←	L onto Michael Rd	3.1
56.	73.7	3.1	←	L onto Russell Rd	0.1

5.0 miles. +1471/-71 feet



# SAVAGE CENTURY 100 MILES

Num	Dist	Prev	Type	Note	Next
57.	73.8	0.1	→	R onto Wester nport Rd	3.5
58.	77.4	3.5	←	L onto Savage River Rd	8.1
59.	85.4	8.1	→	R onto Dry Run Rd	5.0
60.	90.4	5.0	→	R onto Black Hawk School Rd	0.5
61.	90.9	0.5	→	R onto New German y Rd	1.5

17.2 miles. +1713/-1979 feet

Num	Dist	Prev	Type	Note	Next
67.	99.4	1.9	←	L onto Acciden t Bittinge r Rd	0.2
68.	99.6	0.2	→	R onto Rock Lodge Rd	1.7
69.	101.3	1.7	→	R onto Mosser Rd	0.6
70.	101.8	0.6	→	R onto Foy Rd	1.1
71.	102.9	1.1	←	L onto Negro Mountai n Rd	1.1
72.	104.0	1.1	←	L onto Bumble Bee Rd	1.9

6.5 miles. +367/-372 feet

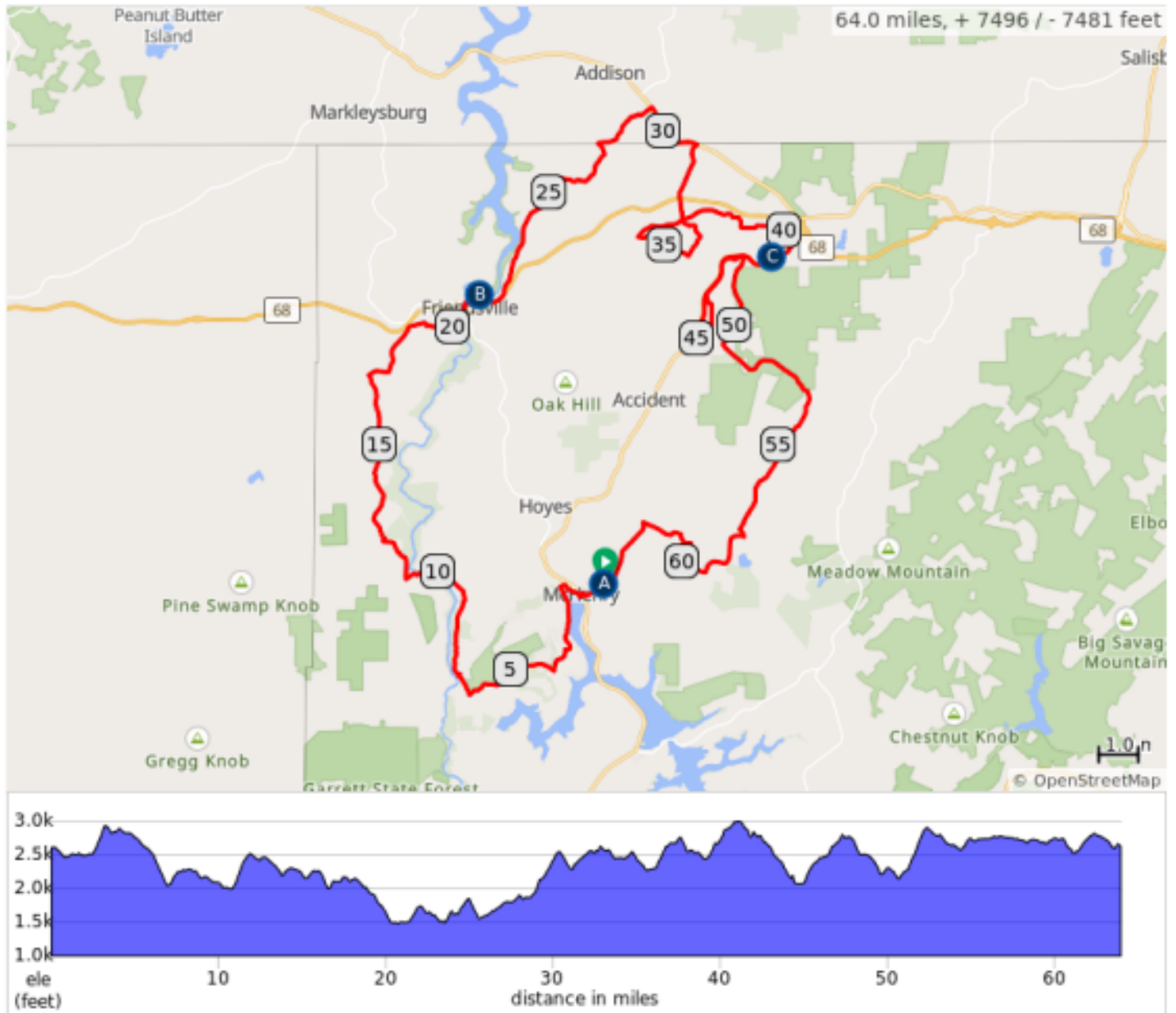
Num	Dist	Prev	Type	Note	Next
62.	92.4	1.5	←	Slight L onto Frank Brenne man Rd	2.6
63.	95.0	2.6	←	L onto Brenne man Rd	0.2
64.	95.2	0.2	←	L onto MD-495 S	0.1
65.	95.3	0.1	→	R onto Orendo rf Rd	2.2
66.	97.5	2.2	←	L onto Foxtow n Rd	1.9

6.6 miles. +589/-517 feet

Num	Dist	Prev	Type	Note	Next
73.	105.9	1.9	📍	End of route	0.0

1.9 miles. +0/-0 feet

# MASOCHISTIC METRIC 64 MILES



- A. Start / Finish
- B. AS1 - Friendsville Community Park
- C. AS2 - Stockyards

# MASOCHISTIC METRIC 64 MILES

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.4
2.	0.4	0.4	↑	Continue onto Mosser Rd	0.3
3.	0.7	0.3	↑	Continue onto Deep Creek Dr	0.1
4.	0.8	0.1	→	R to stay on Deep Creek Dr	0.5
5.	1.3	0.5	←	L onto Sang Run Rd	0.1
6.	1.4	0.1	←	L onto Marsh Hill Rd	1.1

1.4 miles. +53/-154 feet

Num	Dist	Prev	Type	Note	Next
7.	2.5	1.1	→	R onto Overlook Pass	0.7
8.	3.2	0.7	←	L onto Wisp Mountain Rd	0.7
9.	3.9	0.7	→	R onto Shingle Camp Rd	2.2
10.	6.1	2.2	→	R onto Oakland Sang Run Rd	4.1
11.	10.3	4.1	←	L onto Sang Run Rd	0.9
12.	11.1	0.9	→	R onto White Rock Rd	3.0

9.7 miles. +805/-1244 feet

Num	Dist	Prev	Type	Note	Next
13.	14.1	3.0	→	Slight R onto Trap Run Rd	2.8
14.	16.9	2.8	→	R onto Blooming Rose Rd	1.4
15.	18.3	1.4	→	Slight R onto Dixon Rd	2.0
16.	20.3	2.0	↑	Continue onto Water St	0.4
17.	20.7	0.4	→	R onto Maple St	0.2
18.	20.9	0.2	←	L onto 2nd Ave	0.2

9.8 miles. +349/-1138 feet

Num	Dist	Prev	Type	Note	Next
19.	21.1	0.2	←	Slight L onto Old River Rd	0.1
20.	21.2	0.1	↑	Aid Station 1 Arrive at Aid Station 1	0.2
21.	21.4	0.2	←	L onto Friendsville Addison Rd	0.3
22.	21.7	0.3	↑	Continue onto Friendsville Addison Rd	3.9

0.8 miles. +125/-5 feet

# MASOCHISTIC METRIC 64 MILES

Num	Dist	Prev	Type	Note	Next
23.	25.6	3.9	→	R onto Mill Run Rd	1.9
24.	27.5	1.9	→	R onto T324/Wass Hollow Rd	1.8
25.	29.2	1.8	→	R onto US-40 E	1.6
26.	30.9	1.6	→	R onto Pigs Ear Rd	2.0
27.	32.9	2.0	↑	Continue onto Devils Half Acre Rd	0.1

11.2 miles. +1403/-333 feet

Num	Dist	Prev	Type	Note	Next
28.	33.0	0.1	↑	Continue onto Cove Rd	1.2
29.	34.2	1.2	←	L onto Cove Rd	1.2
30.	35.3	1.2	←	L to stay on Cove Rd	0.3
31.	35.6	0.3	←	L onto Griffith Rd	0.6
32.	36.2	0.6	←	L onto Pigs Ear Rd	0.7
33.	36.9	0.7	→	R onto Devils Half Acre Rd	3.5

4.0 miles. +482/-442 feet

Num	Dist	Prev	Type	Note	Next
34.	40.4	3.5	→	R	0.2
35.	40.6	0.2	↑	Continue onto Stockyard Rd	0.7
36.	41.2	0.7	→	R onto US-219 S	3.3
37.	44.5	3.3	→	R onto Bear Creek Rd	0.2
38.	44.7	0.2	→	R onto Fish Hatchery Rd	0.4
39.	45.1	0.4	←	L onto Collier Rd	1.3

8.2 miles. +208/-1003 feet

Num	Dist	Prev	Type	Note	Next
40.	46.3	1.3	→	R onto US-219 N	1.1
41.	47.4	1.1	→	R onto Rabbit Hollow Rd	3.2
42.	50.7	3.2	↑	Continue onto Bowman Hill Rd	2.7
43.	53.3	2.7	→	R onto Foxtown Rd	4.1
44.	57.5	4.1	←	L onto Accident Bittinger Rd	0.2

12.4 miles. +1404/-1138 feet

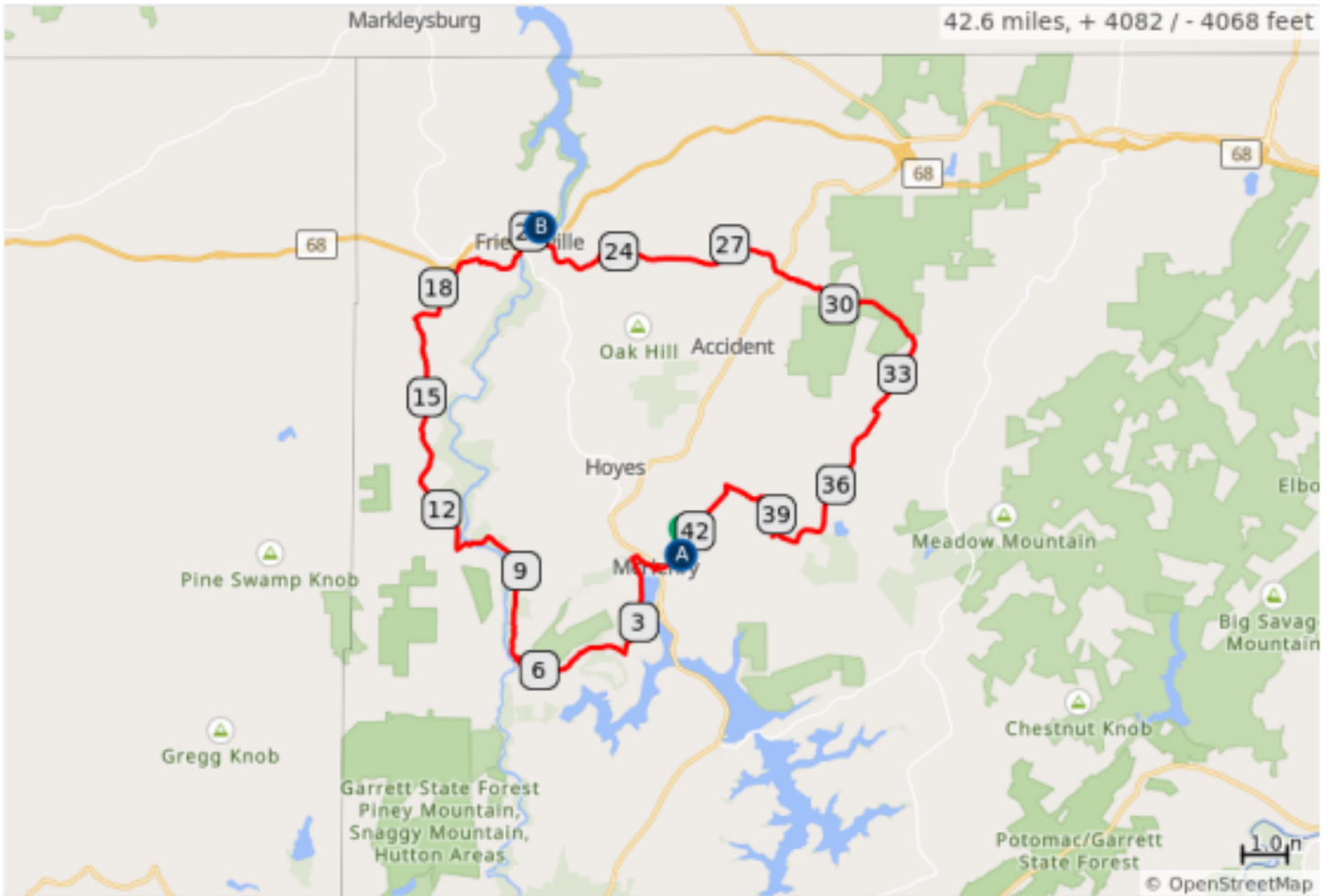
# MASOCHISTIC METRIC 64 MILES

Num	Dist	Prev	Type	Note	Next
45.	57.7	0.2	→	R onto Rock Lodge Rd	1.7
46.	59.4	1.7	→	R onto Mosser Rd	0.6
47.	59.9	0.6	→	R onto Foy Rd	1.1
48.	61.0	1.1	←	L onto Negro Mountain Rd	1.1
49.	62.0	1.1	←	L onto Bumble Bee Rd	1.9
50.	64.0	1.9	📍	End of route	0.0

6.5 miles. +465/-571 feet



# FABULOUS 44 MILES



A. Start / Finish

B. AS1 - Friendsville  
Community Park

# FABULOUS 44 MILES

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.4
2.	0.4	0.4	↑	Continue onto Mosser Rd	0.3
3.	0.7	0.3	↑	Continue onto Deep Creek Dr	0.1
4.	0.8	0.1	→	R to stay on Deep Creek Dr	0.5
5.	1.3	0.5	←	L onto Sang Run Rd	0.1
6.	1.4	0.1	←	L onto Marsh Hill Rd	1.1

1.4 miles. +52/-153 feet

Num	Dist	Prev	Type	Note	Next
7.	2.5	1.1	→	R onto Overlook Pass	0.7
8.	3.2	0.7	←	L onto Wisp Mountain Rd	0.7
9.	3.9	0.7	→	R onto Shingle Camp Rd	2.2
10.	6.1	2.2	→	R onto Oakland Sang Run Rd	4.1
11.	10.3	4.1	←	L onto Sang Run Rd	0.9
12.	11.1	0.9	→	R onto White Rock Rd	3.0

9.7 miles. +805/-1243 feet

Num	Dist	Prev	Type	Note	Next
13.	14.1	3.0	→	Slight R onto Trap Run Rd	2.8
14.	16.9	2.8	→	R onto Blooming Rose Rd	1.4
15.	18.3	1.4	→	Slight R onto Dixon Rd	2.0
16.	20.3	2.0	↑	Continue onto Water St	0.4
17.	20.7	0.4	→	R onto Maple St	0.2
18.	20.9	0.2	←	L onto 2nd Ave	0.2

9.8 miles. +348/-1136 feet

Num	Dist	Prev	Type	Note	Next
19.	21.1	0.2	←	Slight L onto Old River Rd	0.1
20.	21.2	0.1	↑	Aid Station 1 Arrive at Aid Station 1	0.1
21.	21.4	0.1	←	L onto Friendsville Addison Rd	0.0
22.	21.4	0.0	→	Sharp R onto Old Selbysport Rd	0.1

0.5 miles. +10/-6 feet

# FABULOUS 44 MILES

Num	Dist	Prev	Type	Note	Next
23.	21.5	0.1	←	L onto Walnut St	0.1
24.	21.7	0.1	←	L onto Bear Creek Rd/Maple St	6.6
25.	28.3	6.6	↑	Continue onto Fish Hatchery Rd	0.4
26.	28.7	0.4	→	R to stay on Fish Hatchery Rd	0.7
27.	29.3	0.7	→	R onto Bowman Hill Rd	2.7

7.9 miles. +758/-128 feet

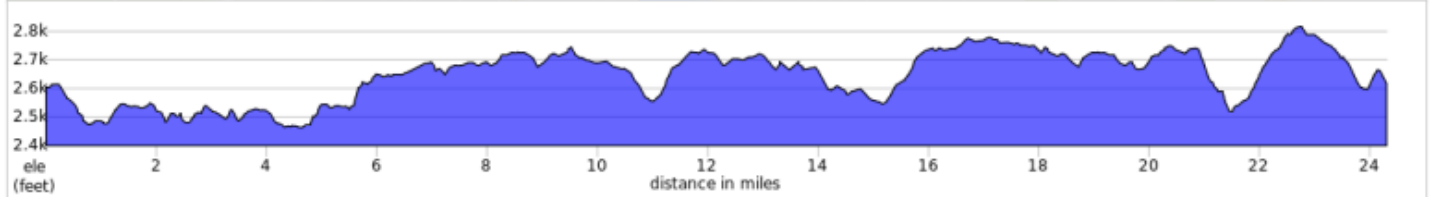
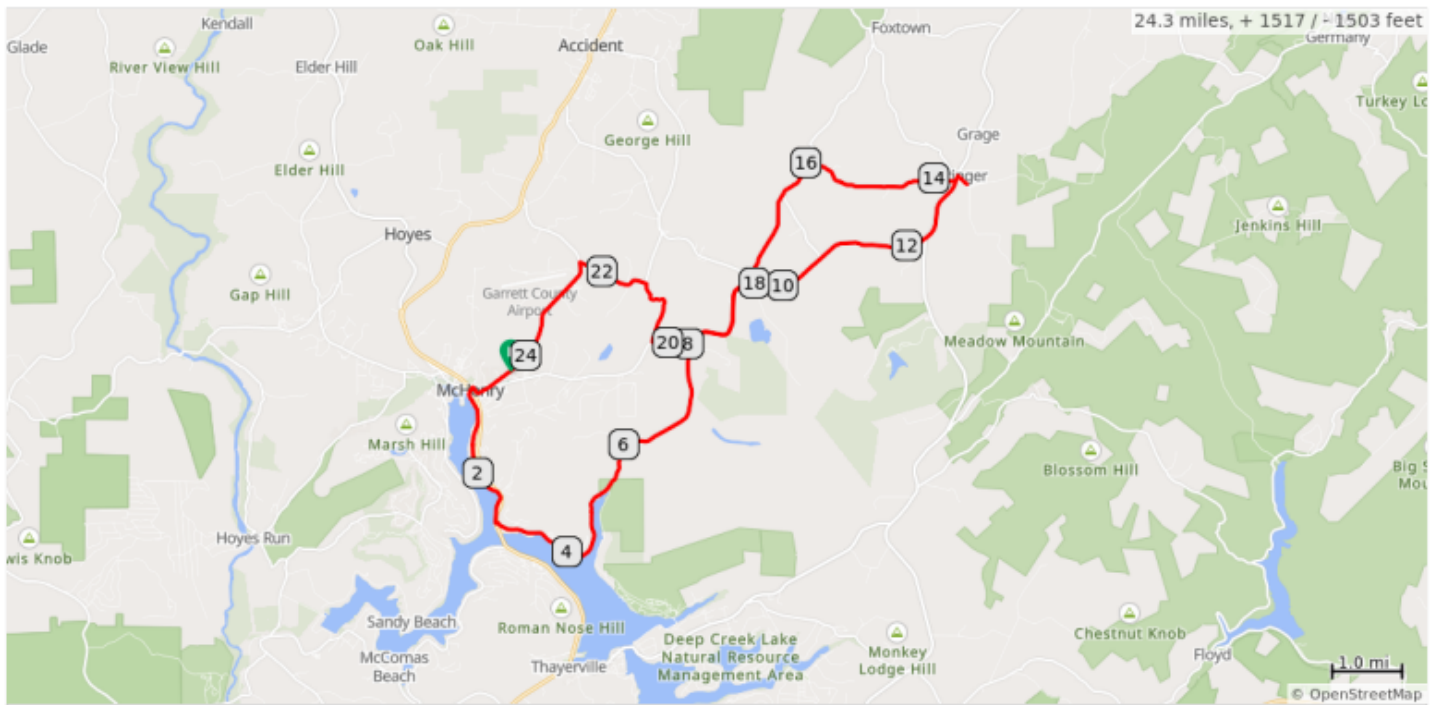
Num	Dist	Prev	Type	Note	Next
34.	40.7	1.1	←	L onto Bumble Bee Rd	1.9
35.	42.6	1.9	📍	End of route	0.0

3.0 miles. +96/-237 feet

Num	Dist	Prev	Type	Note	Next
28.	32.0	2.7	→	R onto Foxtown Rd	4.1
29.	36.1	4.1	←	L onto Accident Bitter Rd	0.2
30.	36.3	0.2	→	R onto Rock Lodge Rd	1.7
31.	38.0	1.7	→	R onto Mosser Rd	0.6
32.	38.6	0.6	→	R onto Foy Rd	1.1
33.	39.6	1.1	←	L onto Negro Mountain Rd	1.1

10.3 miles. +409/-550 feet

# GARRETT'S GREATEST 25



# GARRETT'S GREATEST 25

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.4
2.	0.4	0.4	↑	Continue onto Mosser Rd	0.3
3.	0.7	0.3	↑	Continue onto Deep Creek Dr	0.1
4.	0.8	0.1	←	L onto Deep Creek Dr/Outfitters Way	1.5

0.8 miles. +5/-134 feet

Num	Dist	Prev	Type	Note	Next
5.	2.3	1.5	→	Keep R to stay on Deep Creek Dr	0.5
6.	2.8	0.5	↑	Continue onto Rock Lodge Rd	9.4
7.	12.3	9.4	←	Slight L onto MD-495 N	1.0
8.	13.3	1.0	→	R onto Brenne man Rd	0.2

12.5 miles. +674/-510 feet

Num	Dist	Prev	Type	Note	Next
9.	13.5	0.2	ψ↑	Aid Station 3/6 - Bittering Fire Hall	0.2
10.	13.7	0.2	←	L onto MD-495 S	0.1
11.	13.7	0.1	→	R onto Orendorf Rd	2.2
12.	15.9	2.2	←	L onto Foxtown Rd	1.9
13.	17.8	1.9	←	L onto Accident Bittering Rd	0.2

4.5 miles. +253/-177 feet

Num	Dist	Prev	Type	Note	Next
14.	18.0	0.2	→	R onto Rock Lodge Rd	1.7
15.	19.7	1.7	→	R onto Mosser Rd	0.6
16.	20.3	0.6	→	R onto Foy Rd	1.1
17.	21.3	1.1	←	L onto Negro Mountain Rd	1.1
18.	22.4	1.1	←	L onto Bumble Bee Rd	1.9
19.	24.3	1.9	📍	End of route	0.0

6.5 miles. +465/-574 feet



# GCGF

# 2023

Garrett County Gran Fondo cyclists, the time is now! It's time to put all that hard work and dedication to the test. Show the world what you're made of and don't forget to have a blast while doing so.

Best of luck to you all on your cycling journey. May you reach your goals and have a successful Garrett County Gran Fondo!

Let's go, Garrett County Gran Fondo cyclists! Let's ride!

